



Policy Name: Anti-Doping

Policy Number: PSO-007

Date Approved: September 2026

Next Review Date: February 2027

PREAMBLE

The Ontario Curling Association (Curling Ontario) has adopted the [Canadian Anti-Doping Program](#) (CADP).

By adopting the CADP, Curling Ontario has joined a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field. Curling Ontario's anti-doping policy reflects and supports the CADP.

POLICY

All members competing in a Curling Ontario event are subject to Canada's anti-doping rules, which are administered by Sport Integrity Canada (SIC). The CADP involves seven core elements: Jurisdiction, Athlete Services, Education, Testing, Sample Collection, Results Management and Intelligence & Investigations. The CADP consists of several components such as in- and out-of-competition testing, education, medical exemptions, and the consequences of doping violations, and is compliant with the World Anti-Doping Code and all international standards.

Important Information

Sport Integrity Canada recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:

Doping Control

Review the [sample collection procedures](#).

Know your [anti-doping rights and responsibilities](#).

Always [comply with a testing request](#) if you are notified for doping control.

Prohibited Substances & Methods

[Check all medications and products](#) before taking them to ensure they do not contain ingredients that are banned in sport.

Verify your [medical exemption requirements](#).

Learn about the [doping risks associated with supplement use](#) and how to minimize them.

In addition to the rules of the Canadian Anti-Doping Program, curlers may also be subject to additional rules of the World Curling Federation (WCF). Learn more about the [WCF's anti-doping policies and procedures](#).

Sport Integrity Canada Hotline:

Protecting clean sport is a collective responsibility. Sport Integrity Canada provides Canadians with a secure and anonymous means to report suspected doping, a major threat to good sport.

Text 1-888-441-2237

Call 1-888-441-2237

WhatsApp 1-888-441-2237

Email doping@sportintegrity.realresponse.org

To ensure your anonymity, consider whether your email signature will be visible to the recipient.

For more information on the SIC hotline please visit - the [SIC Website](#)