



CLINIC #4 - BASIC STRATEGY

UPDATED : SEPTEMBER 16 2026

Duration: 2 hours

This 2-hour off-ice clinic will review some of the basic concepts of strategy. This clinic is suitable for curlers with little to moderate strategic knowledge or experience, or front end players looking to learn more about strategy. This clinic will address the three different types of strategy, how to employ these strategies with appropriate shot selection, factors that influence strategy, and how to play to your team's strengths. There will be opportunities to engage in discussions regarding different strategic scenarios.

Item	Duration	Description	Supplies Needed/ Resources Available
Overview	20 minutes	Welcome • Introduction of facilitators and overview of clinic topics and objectives • Ask the participants if they have any particular questions related to strategy and let them know you will do your best to answer them as long as they are within the parameters of this clinic Clinic Topics • Strategy vs. tactics, strategic styles and their characteristics, when to use particular types of strategy, determining proper strategy to employ, strategy at the club level This clinic is an overview of BASIC STRATEGY. Intended for club curlers with little to no strategic background	Chart paper and markers to take down questions from the participants (to address at the conclusion of the clinic)

		who are interested in learning about strategy.	
Strategy/ Tactics	5 minutes	Key difference (between strategy and tactics) • Strategy is the overall plan • Tactics are the methods you use to execute the overall plan)	Powerpoint
Scoring Concepts	5 minutes	General Scoring Concepts (discussion) • With hammer • Without hammer	Powerpoint
FESRAIN	15 minutes	FESRAIN Outline • Explain that there are a lot of factors that influence the tactics/shots being called	FESRAIN handout
Types of Strategy	45 minutes (15 per type)	Pursue, Protect, Probe (aka Offence, Defence and Balanced Attack) • Individually outline each and have the participants work with you to brainstorm: ◦ Aim ◦ Typical shots ◦ When to employ this strategy	Chart paper and markers Reference Material
Application	20 minutes	Depending on your group, there are a few options available: • Dice game • Scenarios (discuss scenarios without the end in question in mind first. Ask what type of	Strategy Board (for dice game) PowerPoint (for scenarios)

		strategy should be played under the circumstances, then discuss which shot is which type of strategy) • YouTube clips	Video Clips
Wrap up	10 minutes	Review questions that participants asked at the beginning of the clinic. Make sure you have addressed and answered these questions, or informed them (preferably at the beginning of the clinic, when asked) that the question is beyond the scope of the clinics. Ask participants if they have any additional questions. Refer them to online strategy resources. Encourage them to further their strategy education by discussing strategy while watching curling on TV or while watching other club games.	List of resources