



Curling Ontario Clinics Program (CCP)

Curling Ontario Member Clubs may submit an online request for a CCP at a set fee. Curling Ontario provides a variety of turn-key clinic presentations from the below menu, and will assist the club based on the following criteria:

1. The CCP option runs from October 1st to March 31st.
2. The CCP is not to be used to replace any Adult Learn to Curl (AL2C) program.
3. Online requests only, a minimum of four weeks prior to the preferred and requested host dates.
4. Clinic requests are filled first come/first served in the system and filled on instructor availability.
5. Clubs may select additional Clinics as per the CCP Costing Schedule below.
6. Clubs requesting 2 clinics on the same day will be required to provide lunch or a per diem to instructors.
7. Clubs are required to manage their own participant registration.
8. Curling Ontario will invoice clubs within 7 business days of the completion of the clinic for the following as per the fee schedule:
 - clinic costs,
 - instructor honorariums (please see chart by clinic type)
 - any applicable mileage (.45/km), and
 - per diem (if two clinics run on the same day and no lunch is provided). Per diem is invoiced at \$15.00/instructor.
9. Completing the request will not guarantee your clinic. A clinic regional lead will reach out to confirm after your request is submitted.

[CLINIC REQUEST FORM](#)

Curling Ontario Clinics Program (CCP)

Clinic Options and Costing Schedule

Clinic #1

“Learn to Deliver”

Duration: 3 Hours

Instructor Ratio: 8-1

This 3-hour clinic is ideal for a newer curler (up to 2 years of experience). With both off and on ice instruction, this clinic teaches the basics of the curling delivery – focusing on balance, correct timing, and grips, turns, and releases. Introductory sweeping instruction is included. Participants will have an opportunity to learn about, observe, practice, and receive feedback on their deliveries and sweeping.

Number of Students	1-8	9-16	17-24	25-32	33-40
Clinic Cost*	\$125	\$210	\$290	\$375	\$455
Instructor Cost	\$115	\$190	\$265	\$315	\$390
Total Cost	\$235	\$400	\$555	\$690	\$845

*Clinic cost is subject to HST

Clinic #2

“Skills Analysis”

Duration: 3 Hours

Instructor Ratio: 8-1

This 3-hour clinic is best suited to a curler with 1-2+ years of experience. This clinic will review delivery fundamentals with an increased focus on skill analysis/fault correction. After technical review of each aspect of the delivery, participants will have an opportunity to practice the skill and receive feedback for improvement. Most of this clinic will be conducted on the ice. Time will be reserved at the conclusion of the clinic for additional feedback from clinicians on any aspect of the delivery.

Number of Students	1-8	9-16	17-24	25-32	33-40
Clinic Cost*	\$125	\$210	\$290	\$375	\$455
Instructor Cost	\$115	\$190	\$265	\$315	\$390
Total Cost	\$235	\$400	\$555	\$690	\$845

*Clinic cost is subject to HST

Clinic #3

"Video Analysis"

Duration: 3 Hours

Instructor Ratio: 6-1

This 3-hour clinic is largely conducted on ice, with a short off-ice delivery review preceding on-ice analysis. Participants will have an opportunity to practice their delivery, be videotaped and immediately receive technical feedback. After an opportunity to correct identified delivery faults/areas for improvement, participants will have an opportunity again to be videoed and receive feedback. Due to the time intensive and personalized feedback that is inherent with this clinic attendance is limited to 18 with 3 CCP Instructors. Participants will have the opportunity to electronically receive their videos along with key feedback.

Number of Students	1-6	7-12	13-18
Clinic Cost*	\$125	\$210	\$290
Instructor Cost	\$115	\$190	\$265
Total Cost	\$235	\$400	\$555

*Clinic cost is subject to HST

Clinic #4

"Basic Strategy"

Duration: 2 Hours

Instructor Ratio: 24-1

This 2-hour off-ice clinic will review some of the basic concepts of strategy. This clinic is suitable for curlers with little to moderate strategic knowledge or experience, or front-end players looking to learn more about strategy. This clinic will address the three different types of strategy, how to employ these strategies with appropriate shot selection, factors that influence strategy, and how to play to your team's strengths. There will be opportunities to engage in discussions regarding different strategic scenarios.

Number of Students	1-24	25-40
Clinic Cost*	\$125	\$210
Instructor Cost	\$115	\$190
Total Cost	\$235	\$400

*Clinic cost is subject to HST

Clinic #4

"Intermediate Strategy"

Duration: 2 Hours

Instructor Ratio: 24-1

This 2-hour off-ice clinic will address advanced strategy and would be appropriate for experienced curlers with vice/skip experience. This clinic will build on the basic concepts of strategy by introducing concepts like shot tolerance, end plans, game plans, angles, drag effect and will provide time to actively engage through discussions regarding different shot scenarios.

Number of Students	1-24	25-40
Clinic Cost*	\$125	\$210
Instructor Cost	\$115	\$190
Total Cost	\$235	\$400

*Clinic cost is subject to HST

Clinic #5

"Stick Delivery"

Duration: 3 Hours

Instructor Ratio: 8-1

This 3-hour clinic is designed to provide information, instruction on and technical feedback for curlers who deliver using the stick. There will be off-ice components including background of stick curling, technical overview (delivery), etiquette, rules and equipment review, followed by stick-specific warm up routines, delivery instruction, sweeping instruction with technical feedback throughout. Opportunity will be given towards the end of the clinic for participants to ask additional questions or obtain further feedback.

Number of Students	1-8	9-16	17-24
Clinic Cost*	\$125	\$210	\$290
Instructor Cost	\$115	\$190	\$265
Total Cost	\$235	\$400	\$555

*Clinic cost is subject to HST

Clinic #6

"Build Your Own"

Duration: 3 Hours

Instructor Ratio: 8-1

This 3-hour clinic will include 3 modules which will be selected from the list of available topics to ensure the clinic is tailored to the interests and needs of the attendees. This clinic can be modified in a variety of ways to best suit the club.

Topics Available: Brushing, Weight Control, Increasing Hit Weight, Game Play with Technical Assistance, Line of Delivery, Skills Analysis (Delivery), Strategy (off-ice), Rules & Etiquette (off-ice).

Number of Students	1-8	9-16	17-24	25-32	33-40
Clinic Cost*	\$125	\$210	\$290	\$375	\$455
Instructor Cost	\$115	\$190	\$265	\$315	\$390
Total Cost	\$235	\$400	\$555	\$690	\$845

*Clinic cost is subject to HST